



Seasons Center for Behavioral Health Children's Mental Health Crisis Services Planning Grant

April 20, 2017



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Lead Agency:

Seasons Center

- *Provider of Children's Mental Health Services*
- *Provider of Pediatric IHH Services*

Project Partners:

Avera (health)

Juvenile Court Services (juvenile justice)

Boys Town (child welfare)

Prairie Lakes AEA (education)

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Geographic Region:

- Buena Vista
- Clay
- Dickinson
- Emmet
- Lyon
- O'Brien
- Osceola
- Palo Alto
- Sioux

Lyon	Osceola	Dickinson	Emmet		Winn
Sioux	O'Brien	Clay	Palo Alto	Kanroth	Har
Plymouth	Cherokee	Buena Vista	Packman	Humboldt	Wi
Woodbury	Ida	Sac	Calhoun	Webster	Ha

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Services Provided:

Individuals	
Year	# Served
2011	3,907
2012	4,394
2013	4,493
2014	5,033
2015	5,190

Children	
Year	# Served
2011	1,141
2012	1,290
2013	1,398
2014	2,072
2015	2,123

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Framework:

Component One: *System*

Engaged Leadership & Shared Decision Making

Component Two: *Practice*

Community-Focused Plan & Implementation
Process

Component Three: *Community*

Enhanced Partnerships & Collaborative Processes

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Project Staff:

Project Director	.25 FTE
Project Coordinator	.25 FTE
Support Staff	.25 FTE
Crisis Services Specialist	.25 FTE

All are current staff at Seasons.

Evaluators:

Dr. Michele Devlin
Dr. Mark Grey

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Regional Coalition:

Seasons-Kim Scorza, President/CEO

Avera-Steve Lindquist, Administrator

Boys Town-Debbie Orduna, Director Iowa Operations

Juvenile Court Services, 3rd District-Gary Niles, Chief JCO

Prairie Lakes AEA-Teresa Alesch, Regional Administrator

Facilitator: Jean Drey

Frequency of Meetings: Monthly

Key Activities:

- Lead and Direct Implementation of Project Activities (Children's MH Crisis Services) from a *Systems Perspective*
- *Collaboratively* Identify Needs and Resources
- Adopt Plans & Processes Using *System of Care Principles & Evidence-Based Practices*
- Explore *Funding* Challenges & Opportunities
- Build Foundation for Developing a *Children's Mental Health System*, Beyond Crisis Services

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Initial Implementation Team:

- Project Staff
- Representatives from Each Partner Agencies
- IHH Director
- IHH Family Support
- IHH Care Coordinator
- Spencer Hospital - ER
- College Students

Facilitator: Sarah Heinrich

Frequency of Meetings: Weekly

Key Activities:

- Day-to-Day Activities
- Data Collection
- Surveys
- Community Conversations

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Community Advisory Team:

Education
Health
Early Childhood
Judicial
Community Agencies
Families

Facilitator: Sarah Heinrich

Frequency of Meetings: Monthly

Key Activities:

- Implement “Collaborative Partnership Process” to Identify Local Needs, Resources, & Opportunities
- Strengthen Community Partnerships using System of Care Principles with Focus on Prevention & Early Intervention, Trauma-Informed Care, Cultural Competent, & EBP’s
- Provide Input, Advice, & Support to Host Regional Summit
- Provide Leadership & Support to Implement Proposed Children’s Crisis MH Services Plan

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Initial Timeline of Key Implementation Activities:

Oct-Nov: Needs Assessment

- Demographic Data
- Information from Coalition, Advisory, & Stakeholders Groups
- Survey/Interview: 300 Individuals in Community
- Host 3 Community Conversations

Nov-Dec: Plan Due December 15, 2016

MH Children's Crisis Response System:

- *Services*: Crisis Screening, Assessment, Intervention, & Stabilization
- *Statewide Standards*: PCP Screenings, MH Crisis Screenings, SA Assessments; and Recommendations on Requirements for In-Patient Hospitalizations & Psychiatric Medical Institutes

Jan-Feb: Regional Summit

- Introduce Plan & Recommendations
- Identify Additional Committed Partners/Champions for Children's MH
- Key-note Speaker on Children's Mental Health Services

Jan-June: Implement Plan

- Move Forward with Implementation of Project Activities
- Hold 3 Strategic Planning Workgroups to Plan for Children's MH Services, beyond "crisis services"
- Final Project Report to DHS

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Accomplishments to Date:

- Branding of Project-Logo
- As of 12/15/2016 Report: 331 Individuals Complete a 25 Question on-line surveys
 - ✓ 44% were Parent/Guardians of children with behavioral health conditions
- As of 04/14/2016: 352 surveys completed
 - ✓ 43% Parent/Guardians
 - ✓ 18% Non-White
- Included surveys from 10 additional counties



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- **5 Community Conversations:**
 - ✓ 23 Community Members
 - ✓ Education, law enforcement, health care, early childhood, children's residential program, child welfare, & juvenile justice

- **Stakeholder's Meeting:**
 - ✓ 15 Professionals
 - ✓ Substance Abuse, mental health, public health, hospitals, ECI & Decat areas, community action agencies
 - ✓ Facilitated by Evaluators



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- Individual Interviews:
 - ✓ 14 Interviews
 - ✓ 55 Individuals
 - ✓ Law enforcement, county attorney, hospitals, primary care clinics, children's residential facility, and community action
- Regional Summit
 - ✓ February 3, 2018
 - ✓ 86 Participants-Partners & other Community Agencies/Individuals
 - ✓ Presenters: Team from Oklahoma & Psychologist/Psychiatric Team from Seasons
 - ✓ 82.76% Satisfaction Response on Post Survey
 - ✓ 100% Reported Presenters were Knowledgeable



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Barriers & Challenges

- Incompatible Health Records Systems
- Different Screening & Assessment Tools
- Workforce Shortages
- Culture & Language Barriers
- Stigma, Shame and Lack of Information
- Access Barriers for Families
- Inadequate Funding & Resources
- Criminalization of Children
- System Barriers, Differing Perspectives, & Reluctance to Change
- Complex Child/Family Cases
- Need for Prevention and Early Intervention Services



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Highlights of Some Current Activities

- Coalition & Advisory Teams Continue to Meet
- Convened 2 Special Workgroups:
 - ✓ Screening & Assessment Workgroup
 - ✓ School - Based Services Workgroup-Pilot Project
- Second Regional Summit:
 - ✓ We are Family-Foster and Adoptive Parents
 - ✓ June 17 at Camp Autumn
 - ✓ Education, Information Gathering, Camp for Children
 - ✓ Presenters: Dr. Beth Troutman-Attachment
Dr. Natalie Sandbulte-Trauma
Dr. Michele Devlin & Dr. Mark Grey-Culture



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Highlights of Some Current Activities Continued:

- Pilot Screening & Assessment Tools
- Reviewing Crisis Line Data
- Strategies for Stabilizing Children in Home, School, & Communities:
 - ✓ Pilot with School and Expanded Respite
 - ✓ Wraparound Model of Care (Evidence-Based)
 - ✓ Community-Based Family Team Meetings
- Continuing to Look at Mobile Crisis Services - Team will Visit facility in NE on May 2017
- On-going Community Education & Outreach

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Other Key Activities:

- Project Toolkits for Dissemination & Replication
- Required Grant Paperwork
- Innovative Education, Marketing, and Outreach
- Use of Social Media & Emerging Technology
- Engagement of Families with Children Receiving & Adolescents Accessing Mental Health Services
- Culturally Responsive
- Alignment with Other Initiatives, such as CCBHC

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Opportunities!

1. What's going well with Children's Mental Health Services?
2. If we lived in a perfect world, what would crisis services for children with mental health conditions look like in a rural area?

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Questions & Comments

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